

**Motivation & Learning Theory** 

14 October 2021

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# **Outline**

# **2** Motivation & Learning Theory

- 2.1 A Warning
- 2.2 Motivating Learners
- 2.3 Theories of Learning

# Goal for this unit

- ► Give you the **vocabulary** to talk about theories of learning.
- ► List some best practices for teaching.

# 2.1 A Warning

# **Pre-session activity**

Not every theory that "appears plausible" is true

→ Don't follow advice blindly!
In particular: Do <u>not</u> separate your class by learning styles.



- This example demonstrates the importance of empirical research in education.
- ▶ But there is a lot of truth in the original observation:
  - We can represent the same material in different ways.
  - ▶ *visual, auditory, read/write,* and *kinesthetic* are good categories for representations.
  - Different representations of material do help.But you want to show them together. That helps everyone.
- ... and comparing VARK profiles still kinda fun

# 2.2 Motivating Learners

### Forms of motivation

- ► extrinsic motivation "carrot and stick"
  - marks/grades
  - ► rewards (Gold Stars, Dojo points, teacher's awards, ...)
  - punishment
  - ► fear/pressure

### **▶** intrinsic motivation

- interest in a task
- task is enjoyable, fun
- ▶ ambition to achieve a specific goal
- curiosity
- ► largely agreed: intrinsic motivation is much stronger extrinsic measures may do more harm than they help
- → How can be foster intrinsic motivation? Where does it come from?



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# **Expectancy-Value Theory**

Key factors for (intrinsic) motivation:

# 1. Subjective value of a goal

"Do I care about this? Does it help me?"

### 2. Expectations for attainment of a goal

"Am I likely to succeed? Do I have the skills?"

more details: https://www.queensu.ca/teachingandlearning/modules/students/15\_motivation.html

Barriers for motivation can arise from both factors!

# How can we make learning matter to students?

- Connect material to learners' environment
  - ► Solve a (small) real problem
  - Explain how something works that students use every day
  - ▶ Discuss the history of a topic
  - ► Show how something can serve society at large / a greater cause
- Use humor and stories
- Give students choices (over topics, learning paths, modes of learning)
- Embed creative tasks

It's hard! And it takes lots of creativity!

### Social motivation

- Apart from learning material, social context plays important role
  - ► It can be motivating if there is a sense of belonging
  - ► Good group work can add to a tasks value
- ► But: classroom climate can also alienate if you feel as an *outsider* 
  - underrepresented gender, culture, race, age, religion, sexual orientation
  - ► English as additional language
  - ▶ neurodiversity, learning impairments, disabilities





### Best practices

- ► Establish class social rules, classroom as safe zone
- Avoid stereotypes
- Use diverse personas in examples

## Growth Mindset vs. Fixed Mindset

### **Growth Mindset**

- "Mistakes are opportunities to grow."
- ► "I am **not yet** there."
- "This is hard; I'll have to break it down / ask for a hint / keep trying."
- ► "She seems ahead in maths, maybe we can offer her stretch tasks."

### **Fixed Mindset**

- "Mistakes show everyone how stupid I am."
- "I cannot do this."
- "I'm not good at math." (What's the point of trying?)
- "She is a maths brain."(So no need to challenge her.)

Good news: No scientific evidence for fixed mental capabilities!

- → fixed mindset is only within us!
- → Ban it from your teaching.

2.3 Theories of Learning

# **Learning Theories**

What does it mean to learn something?

### Behaviorism / Instructionism

- ► Learning = measurable change in learner's behavior
  - ► Pavlov's dog (reinforcement learning)
  - repetition, drill exercises
- ► Teacher delivers material to learner
  - teacher has the key active role
  - teacher decides structure, content, activities
  - learning mostly seen as one-way street: from teacher to learner
- emphasis on summative assessment

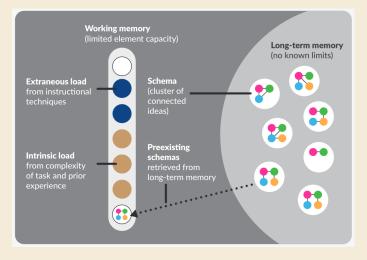
### Constructivism

- ► Learning = change in learner's mind, learning as a transformation
  - Piaget's observation of children
  - through experience, concepts form
  - exploratory/discovery tasks, play
- ► teacher = guide on learning journey
  - learner has key role; teacher only facilitates
  - teacher set environment, organizes learning opportunities
- emphasis on learner's experience

# Constructivism-only fallacy

- ▶ It is tempting to condemn instructionism and to focus on open exploratory activities
  - works great for children already motivated to learn something
  - often overwhelms others! "What do I have to do now?"
- → Provide guidance & scaffolding
  - use quizzes to trigger exploring a specific question
  - ▶ de-brief: "This is what could be observed here."

# **Cognitive load theory**



- Working memory is very limited
  - $\triangleright$   $\approx$  7 chunks
- But: each chunk can be complex schema if it is already internalized
- → need tasks of appropriate size/complexity
- need to connect concepts to existing knowledge

https://blog.teachcomputing.org/pedagogy-bytes-quick-reads-for-busy-educators/

# Bloom's Taxonomy

Streamlined version of Bloom's Taxonomy for CS as used for ACM Curricula Recommendations

### 3 levels of **mastery**

### **▶** Familiarity:

The student understands what a concept is or what it means. This level of mastery concerns a basic awareness of a concept as opposed to expecting real facility with its application. It provides an answer to the question "What do you know about this?"

### Usage:

The student is able to use or apply a concept in a concrete way. Using a concept may include, for example, appropriately using a specific concept in a program, using a particular proof technique, or performing a particular analysis. It provides an answer to the question "What do you know how to do?"

### Assessment:

The student is able to consider a concept from multiple viewpoints and/or justify the selection of a particular approach to solve a problem. This level of mastery implies more than using a concept; it involves the ability to select an appropriate approach from understood alternatives. It provides an answer to the question "Why would you do that?"

→ Use the taxonomy to balance assessments